

Soci t  Alzheimer Society

CORNWALL AND DISTRICT
CORNWALL ET R GION

MINI VIRTUAL WORKSHOPS

FREE 45 MINUTE SESSIONS

**BECOMING A DEMENTIA DETECTIVE
UNRAVELLING BEHAVIOUR THAT CHALLENGES**

Nov 2 (1:30 p.m.) Nov 17 (6 p.m.)

ENGAGING WITH CHANGING ABILITIES

Nov 3 (6:00 p.m.) Nov 22 (1:30 p.m.)

WORRIED ABOUT WANDERING

Nov 4 (6:00 p.m.) Nov 9 (1:30 p.m.)

SHADOWING AND SUNDOWNING

Nov 5 (1:30 p.m.) Nov 29 (6 p.m.)

DAILY CARE – OVERCOMING ROAD BUMPS

Nov 8 (1:30 p.m.) Nov 23 (6 p.m.)

**NEW TO THE DEMENTIA JOURNEY
GETTING THE SUPPORT YOU NEED**

Nov 15 (1:30 p.m.) Nov 24 (6 p.m.)

FOR MORE INFORMATION VISIT ALZHEIMER.CA/CORNWALL

CALL (613) 932-4914
